



Sponsored Symposium
**Stevia Leaf to Stevia Sweetener:
Exploring its Science, Benefits & Future Potential**

Saturday, April 22, 2017 • Noon – 3:00 P.M.
McCormick Place Convention Center Room S105BCD
Lunch Provided

Session Objectives

- Explore the latest scientific evidence related to key health benefits of low/zero calorie sweeteners; with a focus on the newest sweetener, Stevia
- Understand the most updated safety evidence for stevia (i.e., steviol glycosides) including recent innovations in the area of steviol glycosides and learn about the scientific support for stevia's naturalness
- Learn and apply information related to the benefits of natural-origin stevia and the opportunities and challenges in developing reduced-calorie-reduced-sugar foods with sweeteners/stevia



Introduction: A Historical Perspective on the Development of Stevia as a Sweetener

Co-Chair: Keith T. Ayoob, EdD, RD, FADA
Albert Einstein College of Medicine,
Bronx, NY



The Naturalness and Processing of Stevia Leaf Extract and Emerging New Innovations

Speaker: Ursula Wölwer-Rieck, PhD
University of Bonn, Bonn, Germany



The Metabolic Fate and Safety of Stevia Leaf Extract

Speaker: Berna Magnuson, PhD
Health Science Consultants, Canada



Stevia's Impact on Blood Glucose, Diabetes and Health

Speaker: Per Bendix Jeppesen, PhD
University of Aarhus, Aarhus, Denmark



Do Low/No-calorie Sweeteners Help or Hurt Appetite and Weight Management?

Speaker: Peter Rogers, PhD
University of Bristol, Bristol, UK



Low/No-Calorie Sweeteners Influence on Gut Microbiota and Interactions of Microbiota with Stevia

Speaker: Ian Rowland, PhD
University of Reading, Reading, UK



Conclusion: Summary and Consumer and Stevia Market Insights

Chair: Priscilla Samuel, PhD, Global Stevia Institute, Chicago, IL

Join the Stevia community for the latest stevia research findings, industry insights, educational materials, stevia recipes, consumer insights, stevia-related regulatory news and more

